

Psychodrama Co-operation
Estonia, Germany, Switzerland
Institute for Psychodrama, Sociometry and Group Psychotherapy

Proudly presents on the 5-8 of August, 2010:

What if God was one of us.....?



An international Psychodrama Conference in Cologne, Germany

If God had a name, what would it be? And would you call it to his face? If you were faced with him in all his glory-What would you ask if you had just one question?

If God had a face what would it look like? And would you want to see, if seeing meant that you would have to believe?

Joan Osborne (lyrics to a song)

Spirituality is bred into Psychodrama. Being a psychodramatist means to believe. It means to believe and have faith in the good that waits in all of us. A psychodramatist learns that we should not wait for others to conduct and lead, for we are all the main players of our own lives and we are *all* collectively responsible for the well being of the universal past, present and future.

But what does it mean to believe? Believe in what? In our world today it is extremely difficult for many of us to open ourselves up to something or someone that is not in reality sitting right next to us at any given time. It is difficult to put our trust and our

energy into something that says there is good in the world, something that warms our hearts simply by being there but at the same time has no physical form. For many this makes no logical sense.

It is much easier to believe in the negative that we all see. It is much more comfortable to let ourselves get caught up in our daily work and the rushing here and running there. It is much easier not to look and listen to a Spiritual voice that offers peace and love, speaks of good health and a common place for all of the things in the universe. God, from a Morenian perspective, is a Cosmic voice. We are not here to limit what God can be. God is - Jesus, Buddha or Mohammad. God is Mother Nature, the Indian Spirits, and true collectivity. God is the inner knowledge that there is a greater strength and power working on our side and for the good of all – if we only take the time to listen and accept.

Moreno wrote: “...*the psychodramatic answer to the claim that God is dead is that he can easily be restored to life. Following the example of Christ, we have given him and can give him new life, but not in the form our ancestors cherished. We have replaced the dead God by millions of people who can embody God in their own person.*”

From a Morenian perspective we are all “The Creator”. This wonderful and powerful energy is within all of us. Psychodramatically speaking the smallest tangible number is 2-not one. It is two because of the encounter and the immense power there is when two people meet and create. It is here that real Genius and true Spirit emerge and are able to take form.

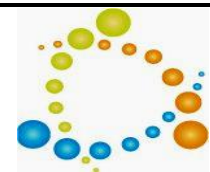
We dedicate this conference to meeting God-The Creator. Spirit is in all of us and during this time together we will meet many many different aspects of what it really means to “encounter a higher being”. Each of us has so much to offer and we all have so much to learn.

Just as Moreno stated above; we all embody God within our own person and it is time that we all meet.

During the days together we will be constantly asking the questions stated above. What does God look like? What is he/she/it called? What would *you* like to personally ask? And - What does it take to believe?

The main languages for the conference will be English and German. However-in a Psychodrama conference translation takes place in action.

Psychodrama Co-operation
Estonia, Germany, Switzerland
Institute for Psychodrama, Sociometry & Group Psychotherapy



encountering life

The *Swedish Moreno Institute* was one of the first established Psychodrama institutes in Europe and has always had international interests. After the passing in 2007 of its

founder Leif Dag Blomkvist the institute was taken over by his life partner Marc Treadwell-now President. After having discussions with different country members the name was recently changed to “*Psychodrama Co-operation–Estonia, Germany, Switzerland*”. With Daggis, who was Swedish, no longer at the front we decided it was time to broaden our name and to stress our interest in countries and cultures *co-operating*. The three countries listed in the name are where we are most active at the present time. The so-called Psychodrama-family is a small and varied group with branches spreading out in many directions. With this new name we hope to encourage Psychodramatists from everywhere, already established and new members, to come together and work for this wonderful method. We welcome ALL of you to join us for this first conference with our new name.

This is the third conference we have offered over the past 3 years- the other two under our old name. Please come to help us celebrate our re-birth, to present ourselves to both old and new friends and to encourage people to take leading roles in the world around us.

The Psychodrama community is not particularly large, but we are a strong community.

The conference takes place the 5th - 8th of August, 2010.

On Thursday the 5th we will be offering four pre-conference workshops with international and domestic trainers from different institutes.

These workshops take place 11-13 o'clock–lunch-14:30-17:30. The 4 workshop leaders are all from different countries and are all dedicated to Psychodrama as a creative encounter.

The cost for each workshop is 60€/person to be paid directly to workshop leader in cash (10€ of this goes for room rent). Coffee, soft drinks and cakes will be served and lunch is included. *Pre- registration is requested.*

Please see program schedule for exact times and names of presenters with short workshop descriptions.

The conference itself begins on Friday the 6th of August, 2010 with registration from 08:00-9:30.

This is a very special conference because as well as offering international workshop leaders and a very special guest of honor, we will also be graduating our newest students on the levels of CP (Certified Practitioner) and TEP (Trainer, Educator & Practitioner). These levels of certification are the highest according to the Nordic Board of Examiners in Psychodrama, Sociometry & Group Psychotherapy. These students will be examined by certified TEP's from other institutes than our own but who are associated with the Nordic Board. These students represent the future of Psychodrama and the philosophy of this institute. Please come and help them celebrate their achievement.

We have tried to make this gathering as comfortable for everyone as possible. Lunch will be included and served to us everyday so that we can all meet casually during the break, talk to old or new friends and then still have a bit of time to go out and enjoy Cologne.

Included below is a detailed look at all scheduled workshops and meeting times.

Program Schedule: *What if God was one of us... 5-8 August, 2010 Cologne, Germany*

Thursday, 5 Pre-conference	Friday, 6 Conference begin	Saturday, 7 2nd day	Sunday, 8 Conference end
	Registration 8:00-9:30 "Tages Centrum"- Hopper Hotel		
Introduce Leaders Split groups 10:15-10:45 Eduardo Verdu-Norway Stylianos Lagarakis- Greece Savita Dhawan- Germany Marc Wentworth- England/Portugal	Opening of Conference 9:30-11:00 Marc Treadwell	Introduce Guest of Honor Dr. Ella-Mae Shearon, Presentation 9:30-11:00	Whole Group 10:00-13:00 Sunday Welcome Warm Up Marc Treadwell
10:45-11:00 Break	11:00-11:30 Break	11:00-11:30 Break	Panel/Group discussion 1. Morenos Theories today 2. Co-operation between countries 3. Need to believe in something!!
Pre-conference Workshops 11:00-13:00	Workshops 11:30-14:30 Ulli Lobach-Germany TEP workshop Marion Stolp-Germany TEP workshop Horatiu Nil Albini- Romania Eva-Karin Strom Sweden Malin Elgborn-Sweden	Workshops 11:30-14:30 Lisa Ferrari-Switzerland CP workshop Iris Krasemann- Germany -CP workshop Tiina Merkuljeva- Estonia Agris Palkavnieks- Latvia Liene Atholde, Jolanta Puke, Ilze Jozen - Latvia	Lunch 13:00-14:30 Included
Lunch 13:00-14:30 Included			Lunch 13:00-14:30 Included
Pre-conference Workshops Continue 14:30-17:30	Lunch 14:30-16:00 Included	Lunch 14:30-16:00 Included	Closure Certificates, Saying Good-bye 14:30-16:30 Marc Treadwell
	Workshops 16:00-19:00 Ulli Lobach-Germany (continue) Marion Stolp-Germany (continue) Friedel Geisler- Germany (1) Evaldas Karmaza- Lithuania Ruuda Palmquist- Sweden/Estonia	Workshops 16:00-19:00 Thomas Hille-Germany CP Workshop Endel Hango and Liis Aavaste-Hango- Estonia Friedel Geisler- Germany (2) Maija Molokailima Ozolina, Sandra Konstante- Latvia Arne Husjord-Norway	
	Break for TEP Workshop 19:00-19:30 END for other workshop attendees	Break for CP Workshops 19:00-19:30 END for other workshop attendees	
	Processing TEP Sessions 19:30-20:15	Processing of CP Sessions 19:30-20:00	
		Dinner-Party 20:45 *Ticket Required*	

Pre-Conference Workshops

“godonline.com”

Eduardo Verdu-Norway

It is unthinkable for us now to be without computers or mobile telephones. The world would come to an end. We must have an e-mail address because we are connected to the “infinite”. Surfing is no longer only for people in California or Australia. *Connected to the infinite*- means to whom or to what? Moreno warned of “Robotism” which separates us from ourselves, and thus from our god-image. Robot-are you?

Psychologically how does the computer age communicate with the Soul, with the individual, with the god in all of us?

Love, Sensation, Longing for another, Laughter-Anger, Disappointment, Sadness all belong in the world of communication with other people. Belief is actually *Be-Live* –to be in life with others and all around us.

During this day we will take a step backwards and look at what we may have lost by logging on to “.com”

Workshop Leader: Eduardo Verdu, TEP, Leader Norwegian Psychodrama Institute, Family Therapist, Actor

" SEX MYTHS THAT MOST MEN BELIEVE"

...but what does it mean to believe?

Stylios Lagarakis-Greece

Believe in what?

Many men have some very disturbed ideas about sex and biology. There are the obvious myths about race, color, position, size or dominance etc. However, the subtler sex myths may be the most damaging. They can ruin relationships and sex lives, even if they seem extremely obvious. What are *your* fantasies and experiences? When do you feel confident and when are you insecure? What brings you closer to another and what keeps you apart?

During this workshop we will look at our beliefs, and our open and hidden feelings regarding the often taboo theme of sex –in discussion and on the stage.

This is a mixed group exploring the hidden world of masculine sexuality.

Workshop Leader: Stylios Logarakis, MD. lives and works in Athens as psychiatrist-psychotherapist in the mental health center of Aghioi Anargyroi, private practice with individuals, couples and families. He is a trainer, educator, practitioner and the co-coordinator of the Psychodrama Section of the Hellenic Association of Group Analysis and Psychotherapy (HAGAP) He travels in many countries conducting workshops in psychodrama.. The last 4 years he is focusing on sexual issues, conducting workshops and seminars on this special theme. His future plan is to explore Psychodrama in West Africa countries.

“Daimon - Imagination and Calling”

Savita Dhavon -Germany

As human beings we are born into this world, blessed with uniqueness and an inner calling which beckons to be materialized during our lifetime. The *Daimon* was seen by the Greeks as an invisible companion, taking care of this very personal call. The *Daimon* and its guidance can't be experienced or felt with rational and logical tools, it is far more in the beauty of imagination and mystery where we can catch a glimpse or hear the voice. Psychodrama was Moreno's way to encourage people in their imagination and dreams. In trusting our creativity and spontaneity we can connect with God and become creators ourselves. It is in these dimensions, that the *Daimon* helps us to create a world of our choice, as a projection of ourselves.

Workshop Leader: Savita Dhawan, Psychologist, Director of Psychodrama TEP, Trainer and Supervisor for Psychodrama (Psychodrama Co-operation and before at the Swedish Moreno Institute). Director of the Psychodrama Werkstatt Berlin.

DYNAMIC THEATRE

“The Invitation”

Mark Wentworth-England/Portugal

It doesn't interest me what you do for a living- I want to know what you ache for,

And if you dare to dream of meeting your hearts' longing.

It doesn't interest me how old you are.-I want to know if you will risk looking like a fool, for love, for your dream, for the adventure of being alive.

I want to know if you will stand in the centre of the fire with me, -And not shrink back.

By: Oriah Mountain Dreamer

This is the continuous invitation we receive from God and it is much the same question therapists ask their clients. But as therapists do we walk our talk and become “Servants of the Soul” as the ancient Greek

translation of “psycho-therapist” suggests or do we just pay “lip-service” to this wonderful life opportunity of being attendants to the spirit of the individual and of the greater community?

We have doctors to treat the physical, psychiatrists to treat mental health but where and whom do we go to when the soul is sick? In times gone by Shamans were the original “psycho-therapists”; they were and are still today the master storytellers, the gatekeepers to other worlds, and importantly servants of the soul. Was Moreno a modern day Shaman? Does Psychodrama serve the soul?

Dynamic Theatre brings together the inspiration of Psychodrama, Shamanism and Systemic therapies to offer you the opportunity to explore and encounter your own version of the Hero, the gifts, God and importantly your very own “Happy ever after”.

“When we become the impossible, The impossible then becomes possible”

Mark Wentworth

Mark Wentworth lives in Lisbon, Portugal and has been working and studying personal development for 22 years, his background is based in Colour Psychology, Deep Memory Process and Shamanism. Mark is the founder and principal of Colour for Life, a training school for transformational colour therapy and personal development. Mark and co-founder Filipe De Moura created Dynamic Theatre six years ago; it is inspired by Psychodrama, Shamanism and Systemic therapies. Mark has presented Dynamic Theatre (“Incognito Auxiliary”) in Europe, Middle and Far East, UK and US, as well as sharing it at various world conferences, which promote and support the world community. www.dynamictheatre.com

TEP Workshops (full day)

“The power which grows out of pain and trauma”

The transformational nature of psychic wounds, loss and grief as expressed in the play “Trojan women” by Euripides

Ulli Lobach-Germany

In moments of great despair we ask: “Why does God allow all this grief? Why do we have to suffer so much? Is there any sense in the struggle?” *God challenges us.* The survival of the world is at risk – and most people close their eyes. Here we will use this play as a stepping stone to action.

We have to go through deep mourning when we experience big loss, deep hurts. In this workshop we will search for clues of violence in our own life, and explore our own experiences of destructive violence, cruel parts that we have ourselves played, and the blindness of the society.

We can remain victims to our surroundings or we can become active composers and use past traumas for strength.

Workshop Leader: Ulli Lobach, Director of Psychodrama & Psychologist; Psychodrama Director in *Psychodrama Co-operation Germany, Estonia, Switzerland*; Leading Psychodrama-groups since 1996, Specializing in Dreams and Supervision, Private practice: “Theatre for the Soul”

“Journey to an unknown world-meeting God”

Marion Stolp-Germany

We are more than economic, psychological, biological or sociological beings, we come from the cosmos and we return there, that was Morenos belief. The cosmic principle is eternal and surrounds us. It doesn’t descend from heaven; it enters the door of the psychodrama-stage- this special place for an invitation to a meeting, where the human being is always a part of the whole cosmic energy. Exempt from past and future, everything on the stage is in the here and now -a holy moment that puts you in touch with the cosmic power. There is no defined time and no set space- here you can meet God. Not a personal image of “a god” but rather God as the immanent I-Creator in the spirit that everyone has the strength to create his/her world by believing and experiencing true spontaneous and creative opportunities.

To make the individual human being aware that we are a part of the cosmos was Morenos mission, and we need it now more than ever.

Workshop Leader: Marion Stolp, Director of Psychodrama,CP, Psychodrama Co-operation Deutschland, Schweiz, Estonia, Gemeinschaftspraxis Münster

CP Workshops (3 hours)

“Spirituality in my life”

Lisa Ferrari-Switzerland

In all cultures and throughout time spirituality or religion, play or have played, an important role in the daily lives of citizens. Still today it has an impact on beliefs, behavior, moral and ethics. Here at this

conference we are many different countries and cultures. We practice our spirituality and our beliefs differently-How can we come together? *Think.*

What is my spiritual background and how did it influence my life? Have there been changes in my beliefs? In this workshop we will explore our spiritual truth in life.

Workshop Leader: Lisa Ferrari, Psychodrama-Leader, Social Worker member of the Psychodrama Co-operation Germany Estonia Switzerland. Psychodrama Leader since 1996. Experience with women, victims, drug addicts, teambuilding processes. Private practice: Life coaching/Dialogue4you

“The lost paradise?”

Iris Krasemann-Germany

*But paradise is locked; we have to travel around the world to see if it is somewhere open at the rear.
(Heinrich von Kleist)*

The world we are living in is not a paradise, but everyone has an idea of their own personal paradise. Some people long for it on earth, many hope for a paradise in heaven.

The truth is that most of us have an image and are constantly searching...

Do I know moments of paradise in my life? Such moments cannot be taken from us.

Waiting for such experiences, as a wonder from outside, leaves us passive and in a dormant position.

Rather than waiting, isn't it better to configure our lives creatively and inventively- leading to moments of bliss. Searching for paradise is an extra-ordinary journey! The Psychodrama stage is a beginning...

Workshop Leader: Iris Krasemann, Diplom Sozialpädagogin, Psychodrama-leader, educated at the Institut für Psychodrama Köln and the Swedish Moreno Institute, Psychodrama-Leader in Psychodrama Co-operation, long experience with Psychodrama groups in a psychological counselling service against sexual abuse with young adults.

“My Personal God”

Thomas Hille-Germany

Do I believe in something that could be called “belief in God”? Have I during my life, in one way or another, ever crossed paths with God? If so-What was the situation and how did God present him/herself to me? Was it a feeling, energy or maybe a vision?

An encounter of this nature is very special. During this CP workshop we will look at personal appearances God has made to members of the group and explore ways we can make contact when He/She is needed.

Workshop Leader: Thomas Hille, Psychodrama-Leader & Diplom-Pädagoge, Psychodrama-Leader in Psychodrama Co-operation Germany, Estonia, Switzerland; He has a long experience of work with Psychodrama groups in a stationary psychiatric Rehabilitation-Center for young adults in Düsseldorf, Germany.

General Conference workshops-National and International Leaders (3 hours)

“Anna of the Thousand Churches”

Horatiu Nil Albini- Romania

We all want, honour, success, prestige, love, liveliness, pleasure and delight. In certain moments of our life we have to decide what we are choosing and for what we are ready to sacrifice ourselves. The workshop will present a Romanian legend, The Craftsman Manole, and give the possibility to experience how to work psychodramatically on conflicts by using legends.

Where is the boundary between pride and greed for honour? Is it worth it to sacrifice our love for pride?

Love has no price; life has no price

Who's selling it? Who's buying it? Who's taking it to auction?

Love has no price, life has no price

Who ever has it, gives it with a look, with a kiss

If you have a little love, give me some to sweeten my life

Love has no price, honor has no price

Eleni Karaindrou, “The price of love”

Workshop Leader: Horatiu Nil Albini, M.D. psychiatrist, psychotherapist and psychodrama trainer. President of “J.L. Moreno” Psychodrama Society (Romania), FEPTO co-president, IAGP member. Founding member of Romanian Federation of Psychotherapy. Active in the international psychodrama community. His creativity and spontaneity are outlined in his psychodrama workshops inspired by fairytales, legends and myths. Major interest in the social atom.

“Balancing at the edge”

Eva-Karin Strom- Sweden

This is an experiential workshop with a short didactic introduction. I will describe how one can help the protagonist to expand their world some, by using physical space to evolve the techniques of doubling and mirroring. Then you will participate in a “classical” psychodrama session where we will follow the protagonist to whatever edge he/she wants to explore.

Workshop Leader: Eva-Karin Strom. I am a Senior Psychiatrist in an outpatient clinic; Registered Psychotherapist; Psychodrama Director; TEP (Nordic Board of Examiners); Founding member of Stockholm Institute for Psychodrama, Sociometry and Group Psychotherapy. I have worked with psychodrama groups in adult psychiatry since the early 80’s and trained people in psychodrama for the last 20 years.

“Meeting on the mountain”

Malin Elgborn-Sweden

The gods Zeus and Hera live their lives and view the world from high above on Mount Olympus. Moses meets with God at Mount Sinai. Moreno sat at the base of a big tree and viewed his future in the eyes of the children in front of him as he told stories. As you walk up your mountain- “What or Who do you meet, and what can you see from the top?”

Myths, stories and legends speak the Truth through poetry and rhyme. During this workshop we as a group will create our mountains where special encounters are taking place.

Workshop Leader: Malin Elgborn, Psychodrama Leader, Folk high school teacher in philosophy and creative writing

“Der Sommer kracht aus allen Fugen“ (1)

Frauen und Männer zwischen 30 und 50 Jahren

Friedel Geisler (Deutsche text)- Deutschland

Schöpferische Fragen, die nur wir stellen können:

Möchte ich jetzt noch ein Kind? Hab ich den passenden Partner? Was sagt meine Figur dazu? Und was wird aus meiner Karriere? Ist das ein Tragödie oder eine Chance? Will ich wieder eine Beziehung oder nur mal eine nette Bekanntschaft? Spielen meine Hormone verrückt?

Wir können lernen, unseren Prozess zu steuern. Dazu brauchen wir Selbstbewusstsein, Spaß, Freude, Spontaneität, Kreativität und Vorbilder. Wir werden soziodramatisch arbeiten.

“The summer crashes from all seams” (1)

Women and men between 30 and 50 years

Friedel Geisler (English text)- Germany

The creative questions which only we can ask: Would I like a child now? Do I have the suitable partnership? What does my figure, my body, tell me? What is happening in my career? Is this a tragedy or a chance? Do I want a relationship or just a nice friend again? Are my hormones acting up?

We can learn to steer our process. In addition we need self-confidence, fun, joy, spontaneity and creativity and models. This is a Sociodrama workshop.

Workshop Leader: Friedel Geisler, Director, Association of Holistic Psychotherapy; Trainer, Supervisor, Coach; PSYCHODRAMA-INSTITUT für EUROPA e.V.; 42651 Solingen Germany,

profession: theologian, graduate of religious education Fields of work: out-patient therapy and counselling, psychodrama training, further education and advanced training, pastoral work, supervision and coaching

“Teenagers trust no one, believe nothing”

Psychodrama with extremely traumatized teenagers

Evaldas Karmaza- Lithuania

Some children and teenagers pass through multiple traumas like sexual abuse, physical violence, neglect of parents etc. Some of them end up in foster care institutions until they reach adulthood. After extreme traumatization and low availability of support, these kids show distrust towards adults and peers, low motivation and often high aggression and intolerance. *God is dead for them...*

Can psychodrama do something to aid in their process? Yes. In this workshop I will offer some methods of invitation for trust building and motivational techniques. If we as a whole are to move forward we can not forget this vital part of future society!!

We will have a short presentation, psychodramatic exploration and spontaneity and descriptive material will be passed out.

Workshop leader: Evaldas Karmaza, child psychologist (MD), 12 years experience with traumatized

children, National Coordinator of Lithuania within the Council of the Baltic Sea States for children at risk (www.childcentre.info), student on 2nd level in PIFE psychodrama system, *Institute of psychodrama and expressive therapy* in Lithuania. Language: both in English or German.

“Why does the St. Bernard have trouble with the small black cat?”

Psychodrama and symbols

Ruuda Palmquist- Sweden/Estonia

Psychodrama is a method perfectly suited for symbols of any sort, Psychodrama is universal-cosmic. It is often easier to place a sound or a symbol on the stage to represent important aspects of our life rather than the actual person. During this workshop we will use symbols to play out important situations, relationships from our lives.

Workshop Leader: Ruuda Palmquist, TEP Leader in Psychodrama Co-operation, practicing Psychodrama for over 30 years.

“My Lifetime”

Tiina Merkuljeva-Estonia

In this workshop we will go searching answers to the question:

“When is *my time* to create something or to find that special someone? “

When do I feel I am really living my true life? How can I judge if I am truly satisfied?

When I am really in love and how can I stay that way?

Time and society move so quickly that many of us are not able to continually adjust with the many changes which occur. We are unable to digest what has happened in the past, what has just recently occurred and at the same time prepare ourselves for what is going to happen in the next half hour/day or month. During this workshop we will take time to “reflect”. Reflection is crucial when trying to answer the question: *When I am happy?*

With the help of Psychodrama I would like to find out where our space for dreaming, playing and having fun is.

Workshop Leader: Tiina Merkuljeva (CP) - Training and Consulting Company VISION UP, with 15 years experience consultant – trainer (main issue HRM and Service Management) and supervisor, individual and group therapist.

“My God, what are YOU?”

Agris Palkavnieks- Latvia

Everyone has an image of God in his/her mind. For some people God is kind, forgiving, and careful and for others indifferent, severe, punishing and even cruel.

But-where do these images come from? –Mother/Father, Culture, Country. Or do they come from personal situations from our own lives? OR-is God, His/Her own creation?

Who or What tells us what God is?

During this workshop we will look at origins: *the origin of God.*

Workshop Leader: Agris Palkavnieks, MD. CP in Psychodrama, has a private practice in psychotherapy, a trainer in Latvian Moreno institute.

“If I’m the God of my life... “

We are the creators.... We create our lives and we create the world around us.

Liene Atholde, Jolanta Puke and Ilze Jozen -Latvia

J.L. Moreno provoked people. He did this consciously to make others think. By stating that *we* in fact are the creators and not one invisible entity in the heavens, Moreno wanted people to stand up and act. He wanted us to take responsibility for not only ourselves but also our communities, immediate areas and eventually the cosmos. Moreno was a dreamer. He dreamt in the early 1900’s. It is not the early 21 century and we are still practicing and learning from him.

Being the God in my own life is not egotistic-it is realizing that I am a creator and can take control of my destiny. I am one of an infinite number of responsible gods and together we can make immense changes. The goal of the workshop is to find out how! How can each of us stand up for what is right and for what we believe and put Moreno’s dreams a bit more into reality.

Workshop leaders: Liene Atholde, Jolanta Puke, Ilze Jozen – psychodramatists advanced education, Latvian Moreno Institute, all 3 psychologists.

“Alarm-clock of God”

Endel Hango and Liis Aavaste-Hango- Estonia

Spontaneity is the God-essence of us. The goal of our workshop is to find our alarm-clock of Spontaneity (and therefore of God) or to discover how to awake it. Also of interest are the reasons why our Spontaneity dozes off or falls deep asleep.

We will try to awaken God.

Workshop leaders: Endel Hango and Liis Aavaste-Hango – psychodramatists, social skills trainers, consultants and playback theatre actors.

”Offene Gruppensupervision als Lehrsupervision gemeinsam mit SupervisandInnen aus der Arbeitswelt”(2)

Friedel Geisler-Germany (Deutsche version)

AusbildungskandidatInnen stellen sich der Herausforderung, unter Supervision ein unbekanntes Thema innerhalb 20 – 30 Minuten zu erkennen und zu fokussieren für eine Bühnenarbeit. Wir arbeiten mit positiven Verstärkungen und Lösungsvorschlägen aller Teilnehmenden, die dazu Einfälle haben. Das Konzept liegt schriftlich vor.

“An Open Group Supervision teaching workshop”(2)

Action and discussion from different countries

Friedel Geisler-Germany (English text)

I wish to present my special system for *positive and encouraging* supervision. The action and steps will be demonstrated. **Main Language German. Translation arranged within the group.

“Where do I live - in the Past, Present or the Future?”

Dr. Maija Molokailima Ozolina, Sandra Konstante-Latvia

During our time together we will explore where our thoughts and feelings reside. Are we aware of our body, breath, momentary but important sensations and surroundings?

Why is it so hard to be present and live in the NOW? We spend most of our time in memories of past experiences, or dreams and fantasies of the future. Is it caused by Western societies need for always doing- instead of being? An important aspect of Psychodrama is the *here and now*. This is where our lives are really taking place. During this workshop the group members will meet each other at exactly this point in time/space and cosmos.

Workshop Leaders: Dr. Maija Molokailima Ozolina. Advanced education in Psychodrama, psychiatrist. Additional education in drug abuse, psychodrama, family systemic therapy, play therapy and bioenergetics. Sandra Konstante - Artist, Art teacher, Psychodramatist-in advanced education.

“God is my twin”

Arne Husjord-Norway

Twins are often born from the same egg. Many will say that this makes them the same. Twins might look alike, twins might react too many things similar-but twins are two totally individual beings. This workshop has to do with a “Divine” and a “Human” twin. If God were your Divine twin-What would he/she think of your life? What kind of communication would you have?

A dialogue with God is necessary so that we can hear what he/she has to tell us. It is also important for us to be able to tell God what and how we feel as the human part of a team.. Out of these two beings,-the Divine and the Man/Woman- a greater entity is born.

Workshop Leader: Arne Husjord , Psychodrama Director, TEP, Norwegian Psychodrama Institute, Teacher, Actor.

CP and TEP censors

Ruuda Palmquist, TEP Leader in Psychodrama Co-operation, practicing Psychodrama for over 30 years.

Eva-Karin Strom, I am a Senior Psychiatrist in an outpatient clinic; Registered Psychotherapist; Psychodrama Director; TEP (Nordic Board of Examiners); Founding member of Stockholm Institute for Psychodrama, Sociometry and Group Psychotherapy. I have worked with psychodrama groups in adult psychiatry since the early 80’s and trained people in psychodrama for the last 20 years.

Inara Erdmanis, Clinical psychologist/certified psychotherapist and TEP (by Nordic Board) Leader and founder of the Latvian Moreno Institute. Co-founder of Stockholm Institute for Psychodrama, Sociometry and Group Psychotherapy.

Kate Bradshaw Tavon, TEP (Trainer, Educator, Practitioner by the Nordic Board of Examiners) Member of the Board of Directors of IAGP (International Association for Group Psychotherapy and Group Processes), Co-editor/co-author "Handbook of Psychodrama" She is from the UK/Sweden.

I want to extend my deepest thanks and gratitude to all of my friends who are coming and want to make this a memorable event. This is the third conference we have had in the past 3 years to celebrate the Life and work of Daggis Blomkvist. I feel strongly that we as a community can and must come together, work together, laugh and have fun together. I am also very grateful to all of the students of the Psychodrama Co-operation who have helped with the past conferences and of course the German students who worked so hard for this one. We all know that Psychodrama is much more than just a method or a group of techniques. Psychodrama is a belief system, a life philosophy. It is a philosophy that we, when we work together and for the whole of the cosmos, can achieve great things- One role-reverse, one group at a time.

I welcome you to this celebration and wish you all a wonderful encounter.

Marc Treadwell, MA, Director of Psychodrama; TEP, President Psychodrama Co-operation-Estonia, Germany, Switzerland; President Nordic Board of Examiners (NBE)



Conference Hotel

We have secured a very nice hotel in the middle of Cologne for our workshops and have reserved a certain amount of rooms for guests and presenters. Our conference hotel is:

HOPPER Hotel et cetera e.K.

Brüsseler Straße 26

50674 Köln

T. +49.221.92440-0

F. +49.221.92440-6

hotel@hopper.de

www.hopper.de

The hotel has given us a reduced room price.

Single room: 90€/night

Double room: as single room- 90€/night

double room- 115€/night (ask a friend/colleague if they want to share)

* Breakfast included

* When booking your room please give the code name *Psychodrama* to assure the special price.

* Please book soon-only a certain amount of rooms are reserved!!

* **The conference takes place here in the “Tages Centrum”**

Other hotel possibilities:

Barcelo Cologne City Center

Habsburgerring 9-13

50674 Köln

Germany

T. +49.221.2281717 – Reservation

T. +49.221.2280 – Hotel

* Including breakfast

* This hotel is very close to the conference hotel and has throughout the year special offers for example “3 for the price of 2”. This means book 3 nights and pay for 2 nights.

These offers *must* be booked online and the prices are dependant upon time of year and availability. Please check the web site and book early!!!

www.barcelocolognecitycenter.com

**Prices are often much cheaper if you contact an online booking agent: for example www.booking.com This is true for many hotels.

Please check and use your own booking agent.

Pension Jansen

Richard Wagner Strasse 18

T. +49.221.251875

Single room: 45-80€/night

Double room: 65-115€/night

3 bed room: ca.140€/night

* Breakfast included

* A limited number of rooms so please book soon

* Very close to conference hotel

Cologne is a conference and tourist city. In the summer there is always a lot happening and much to see and experience.

This conference will definitely be a great psychodramatic gathering so we suggest you think and plan quickly to make sure that you can be apart of it.

Seminar Fee

The conference fee is:

Special conference Fee: 160€

**A special price is offered to those persons coming from countries where it is shown that the economy has not yet settled and reached European equality, countries where the economy is at the same level as other European countries are expected to pay regular price. We must be honest and fair.

For all other participants: 270€

Saturday evening dinner ticket: 20€

****Bank information for conference fee/dinner ticket will be given with registration****

Registration

Please send an online, e-mail, registration to:

Marc Treadwell

President Psychodrama Co-operation

tread@ish.de

Please include:

- 1) Your name, Street address, City, Country, Telephone
- 2) E-mail address
- 3) Psychodrama institute affiliated with, OR are you new to Psychodrama
- 4) Please state if you wish to buy a dinner/party ticket for Saturday evening
- 5) Please state *clearly* your first and second choices for pre-conference workshops.(Pre-registration required)

****we will try to give everyone their first choice but space is limited in each group****

****use workshop leader name to identify your choice****

I look forward to meeting

Marc